∞ Socket Klatzker MA∞

## Information for Clients

This form is designed to describe my style of counseling, inform you about my theoretical orientation, provide structure for your experience, clarify expectations, and ensure a common understanding of our work together

Washington state law requires all counselors to disclose certain information to you. I have listed that information below, and further information is in the brochure you are also receiving called "What to Expect from your Licensed Counselor." If you have any questions please feel free to ask me.

Therapeutic Orientation:

I am strongly committed to social justice and anti-oppression work in my life as well as in my role of therapist. I have dedicated my thirteen years of experience to noticing, unlearning, and dismantling societal oppression permeates my practice.

I view therapy as a container. I aim to create a space with my clients where they embrace their wholeness. Being well held in your efforts can expand your capacity for self-acceptance and healing. I approach clients with a deeply rooted belief in their innate wisdom and strength. My role is to witness you as you are, while supporting, reflecting, and encouraging your growth.

***The main issues I work with are:***

* Trauma, past or current
* Life Transitions and Adjustment
* Conflict Mediation
* Depression
* Anxiety
* Sexuality
* Gender
* Relationships

***I use the following treatment approaches:***

* Expressive and Arts Therapies
* Psychodrama
* Somatic Awareness and Embodiment
* Ritual and Ceremony
* Stress Reduction and Tolerance
* Emotional Regulating
* Family Systems Therapy
* Brief Therapy
* Couples Work
* Anti-oppression and Culturally Aware Counseling

***Training and Experience:***

* Masters of Arts in Counseling, St. Martin’s University, Lacey WA
* Internship at The Evergreen State College Counseling Center, Olympia, WA
* Mediator of Community-based Conflicts, Private Practice, Olympia, WA
* Student of Psychodramatic Techniques, Olympia, and Seattle, WA
* Crisis Interventionist, The Crisis Clinic of Thurston County
* 13 years of experience leading and taking Anti-Oppression Trainings with various agencies
* 15 years of experience mediation, facilitation, and peer counseling with various community agencies

Dr. Leticia Nieto is currently supervising me in order to collect my hours to become both a LMHC and a LMFT.

My license number is # MC 60434808.

Insurance:

I do not work with insurance companies. In addition to the considerable amount of paperwork and conflicting policies of the numerous insurers, I do not wish to be in a position of attaching a label to a client that becomes a permanent part of a medical record; I have serious reservations about the confidentiality of reports to insurers. I also believe that clients accomplish gains more quickly and with more motivation when they invest their own income in their personal growth.

Fees:

My fee is sliding scale from $60-$100 for 50-minute individual sessions and

$80-$120.00 for 50 minute couple sessions. Fees for group psychotherapy vary.

Payment:

Payment is made at the beginning or at the end of each 50-minute session unless other arrangements have been made. Payment for telephone sessions is made at the next session or within 15 days. The fee for telephone sessions is the same as the hourly rate.

Appointments:

Making and keeping appointments is important to the therapeutic process. If it is necessary to cancel an appointment, please give 24 hours notice in order to avoid being charged for the session.

Confidentiality:

Other than the exceptions stated in the Department of Licensing brochure and the Limits of Confidentiality form, counseling sessions are held in strict confidence. If it is necessary for me to speak or report to an attorney, physician, or any other person, a Release of information must be signed.

I have read and understand the information contained in the Information for Clients sheet and I have received the Department of Health brochure "What to Expect from your Licensed Counselor."

Client Date Therapist Date

Note: I am grateful to Dr. Leticia Nieto for sharing much of the language and structure of this disclosure statement.